



Heart to Heart

**HOUSTON**  
RECOVERY CENTER

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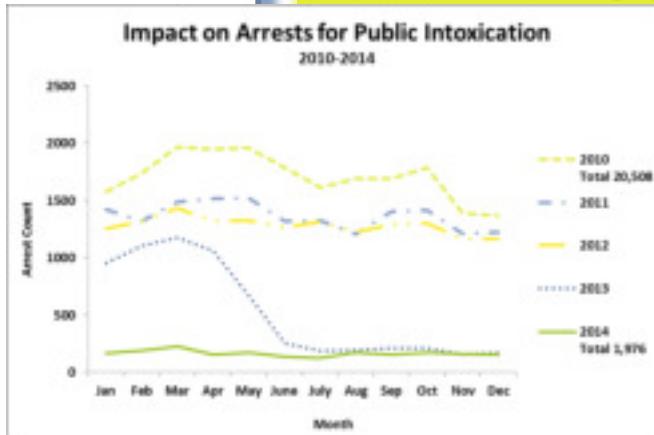
## About Us

The Houston Recovery Center was established by the City of Houston as an innovative solution to the costly problem of public intoxication. Our expertise is working with addiction, specializing in the recovery process, to stabilize and improve client quality of life. The Houston Recovery Center:

- Diverts individuals from jail
- Reduces the jail population
- Preserves law enforcement resources
- Preserves medical resources
- Provides a chance for many to escape the revolving door of substance abuse and incarceration

## Impact

From 2010 to 2014, the number of arrests for public intoxication decreased from 20,508 to 1,976; a 90% reduction.



## Future Plans

Our vision is a fully-integrated recovery care continuum. To that end, we form critical alliances to compensate for the scarcity of available services for substance use treatment. We look to demonstrate the positive impact of the recovery continuum and systems of care that have developed with the potential to be duplicated in other communities.

"They [the sobering center] did with all the toxins that came through... I just wanted to let you guys know that after I left [jail], I used for one day and then checked into [facility] and have been 100% clean for 21 days and plan on keeping it up! ..."

## Programs & Alliances

### Sobering Center • Launched April 10, 2013

- Provide safe, short term monitoring and management of persons under the influence of alcohol and drugs
- Offer clients information on and referrals to services in the community
- Invite every client to fill out an action plan addressing their substance use
- Follow up by calling clients to inquire about their progress

### Partners in Recovery • Launched April 1, 2014

- Utilize evidence based, best practice strategies
- Eighteen months of recovery support: six months proactive case management with clinical and peer staff and twelve more months with peer recovery support
- Warm hand off and referrals to treatment and other safe facilities, leveraging existing resources in the community

...I have a sponsor, and am writing my 11th step, and I attend 1 or 2 meetings every day, even if that means riding a bike in the rain! I hope to be able to help other friends of mine find the gift of the service which you all provide... Thank you to the staff! Sincerely yours,

Client in August 2014

### Care Coordination Planning Team • September 25, 2013

- Initiative started when a client had been admitted to the Sobering Center 18 times in 5 months; on the 18th admission, we learned this person had been transported by EMS over 80 times to 7 different hospitals in 8 months
- Collaboration between hospitals, jails, law enforcement agencies, mental and public health entities, legal and government resources, and service providers
- Goal is to improve care coordination for all groups