



HRC 4th Quarter Meeting

With the end of HRC's fiscal year, HRC held its 4th Quarter meeting this month. Leonard welcomed everyone and thanked them for their hard work and discussed some of the things planned for 2025 and 2026. HR reviewed a number of new policies and the need for everyone to be sure they comply with all the required documentations. PNC Bank also presented more information on their Financial Wellness Solutions for all staff members.



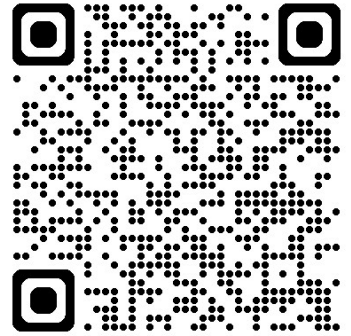
HRC Resources

We cannot thank the philanthropic community and donors enough for your support. The instability stemming from economic and social uncertainty poses a greater challenge for many non-profits. At HRC we face increases in substance use placing demands on recovery management programs. Our new partnership with the Mayor's Initiative on Homelessness, offering low-barrier, overnight access to our sobering center for housing diversion interviews, has increased admissions by 30% placing pressure on operations and resources.

Continuing to meet the community's unanticipated needs requires a shift in program delivery approaches, reallocation of resources, and enhanced funding to sustain operations. This year, HRC is launching our [Corporate Partner Program](#) and our [Champions for Recovery initiatives](#) to broaden community reach and support.

Every day is an opportunity to support for people who never thought they could turn their lives around.

WE CAN'T DO THIS ALONE... WE CAN DO THIS TOGETHER.



This QR code leads to our donation page if you would like to contribute today.

The State of Giving

How Houston's non-profits are reacting to the 'perfect storm' of dwindling federal funds.

The Houston Business Journal's "The State of Giving & Non-Profits" hosted a non-profit leader's panel speaking on emerging issues on donor engagement, AI innovation and funding in the years to come.

They address issues like the reduction in available workforce, AI's ability to look at donor patterns, supporting charitable giving through philanthropic investments, Funding flexibility – being able to allocate funds where they're needed. And the growing desire by local businesses to learn more about what local non-profits do.

Read the entire article in the Houston Business Journal, June 13, 2025



Healthcare for the Homeless Conference at Ecclesia

The Places We Heal Linking Health and Housing for Better Futures

Maria Garcia from the Houston Recovery Center spoke on the panel of the inaugural event, hosted by Healthcare for the Homeless - Houston, featuring the 4th Annual Texas Street Medicine Symposium. The event brought together providers and partners with real strategies, tools, and connections to deliver care that meets people where they are. Building trust between patients and their healthcare providers offers the critical support needed to stabilize lives and secure housing. This creates a lasting and transformative impact on individuals and in our community. Healthcare for the Homeless – Houston's integrated model of care – delivers health and social services within a single access point, delivering comprehensive care that improves health, stability, and the ability to stay housed, all to break the cycle of homelessness.



University of Houston Students Visit HRC's Sobering Center

Sara L. Jahansouz Wray, Ed.D., Associate Dean of Students, University of Houston was kind enough to share a photo with HRC of the group that toured HRC's Sobering Center recently. The group represented people from: the University of Houston Police Department, the Dean of Students, Office of the General Counsel, the Provost Office, U of H Wellness, Counseling and Psychological Services, and Student Housing and Residential Life. The Sobering Center enjoyed hosting the group and are confident everyone went away with a better understanding of HRC and its Sobering Center do for those individuals that need the care and understanding that they receive while here.

SUCCESS STORIES

Jason Johnson

Jason, now 47, had a drug habit for 18 years, starting at the age of 27. He has been clean and in recovery now for two and a half years. Jason had been a competitive Mixed Martial Arts kickboxer, winning a tournament in 2011 which led to a title fight in 2012. Like so many athletes, as the result of injuries Jason began using pain medication. Jason recovered from his career-ending injuries, but unfortunately his need for pain relief continued. Eventually his use of pain meds leads to the use of other drugs including amphetamines and eventually heroin. Jason tried to get clean, but along with a death in the family, things kept drawing him back into "the life." Living in rural Texas brought additional recovery challenges. There were no treatment facilities, no recovery resources available and no way to break the cycle of using. Jason eventually managed to move into a sober-living center in Houston. There he met Chad and others from the Houston Recovery Center. The HRC staff visited the sober living center and conducted overdose prevention and recovery classes. They were genuinely interested in helping clients and taught the importance of taking time for self-care and establishing boundaries. Jason has regained his self-confidence and has set goals with a new drive to succeed. He recently celebrated his 1-year anniversary working at HRC helping others in their recovery journey. **"Focus on the here and now. Set goals, dream big."**



Anthony B.

Anthony B. is 44 years old and has been living with substance use for more than 20 years. Unlike many people struggling with addiction, Anthony did not begin by using drugs, he began by dealing drugs. His drug use began later because he simply wanted to see how it felt. He got hooked and spent years just chasing drugs. While Anthony wanted to change his life, quit drugs and get back with his family, he simply couldn't do it on his own. Finally, Anthony found his way to a rehab center and with the help of the visiting staff from the Houston Recovery Center, is on his way to recovery. Anthony has been clean and sober now for one year. Today he is grateful for the changes he has gone through and is learning to just enjoy life again. God has shown him a better way. Everything is better.

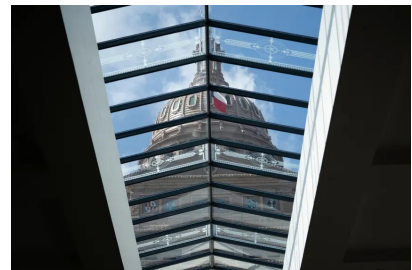
Anthony's advice, "Decide to change. Reach for help, reach for God."



NEWS

Texas Poised to Fund Studies of Ibogaine for PTSD

Texas is set to become one of the biggest players in psychedelics research, as the legislature is poised to fund the first clinical trials of Ibogaine, a drug lawmakers hope will eventually help reduce veteran suicide rates and offer an alternative to opioid treatments. The legislation also states that the ultimate goal is to make the state a central hub for biomedical research, development, treatment, manufacturing, and distribution.



Also, notably, the plant-based psychoactive drug, when combined with magnesium to protect the heart, safely and effectively reduces PTSD, anxiety and depression and improves functioning in veterans with traumatic brain injuries. Read the entire article at: [Psychedelic research gets green light in Texas, despite](#)

The mission of Houston Recovery Center is to provide compassionate care to underserved individuals affected by substance use through early intervention and community care coordination to help them achieve lifelong recovery.

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